

#### GLEN CHRISTIANSEN SWIMMING CAMPS TETERIFE TOP TRAINING ATHLETICSPHERE 2023

# **VALENTINE MASTERS' SWIM CAMP** 12.02. - 18.02.2023









## VALENTINE MASTERS' SWIM CAMP 12.02.2023 - 18.02.2023

### INCLUDED IN THE PRICE

Accommodation in Hotel HOVIMA Jardín Caleta, superior room	✓
Full Board (Breakfast, Lunch, Dinner) including ½ I mineral water or 1 soft drink with lunch and dinner	✓
Daily use of T3 pool according to training schedule Glen Christiansen	$\checkmark$
Daily use of T3 gym according to training schedule Glen Christiansen	✓
Use of T3 flume channel according to training schedule Glen Christiansen* - 1 session per swim stroke	✓
All lectures Glen Christiansen	$\checkmark$
Technical analyze Glen Christiansen / Evaluation assisted by a biomecanic specialist	✓
Towel Service in T3 (1 clean towel per person per training session)	$\checkmark$
Possibility of water refill without limit (you are invited to bring your own refillable bottle)	~
1 free T3-T-Shirt per participant	$\checkmark$
7,0 % Canarian Tax IGIC	✓
OTHERS:	
Deep tissue massages, 30 minutes	35,00€
Airport Transfers	On request
Rental cars	On request

\* = Clients are welcome to bring their own USB-Drive or extern disc to save their recording.







### VALENTINE MASTERS' SWIM CAMP 12.02.2023 - 18.02.2023

12.02 18.02.2023	Single occupation		Double occupation		Triple occupation*	
HOVIMA Jardín Caleta***	Booking and payment before 15.10.2022	Booking and payment <u>after</u> 15.10.2022	Booking and payment before 15.10.2022	Booking and payment <u>after</u> 15.10.2022	Booking and payment before 15.10.2022	Booking and payment <u>after</u> 15.10.2022
For days with Hotel only / Accompanying persons	115,50 €	119,50€	80,00€	84,00 €	73,00€	75,50€
For days with Camp participation	168,00€	175,00€	139,00€	146,00€	129,00€	136,00€

### All prices are per person per day Canarian Tax included in the price

#### For clients who wish to allocate in another hotel, the price for camp participation is: 1 - 4 days - 80,00 € per day 5 or more days - 70,00 € per day Booking one only session per day - discount 10,00 €

\*Triple occupation – 2 persons sleep in the separate bedroom equipped with twin beds, the third person sleeps in sofa bed in the living area

<u>Children under 14 years</u>, have a discount of 40% on the adults' price accommodating with them in the same apartment (both on hotel only price and price with camp participation).

<u>Accompanying persons</u> who wish to use the training facilities without participating in the camp can use the T3 facilities at a promotional price of 125,00 € / week / person.

To avoid misunderstandings here in the center, we recommend booking this in before arrival.

